# **Training the Female Sport for All Leaders of Tomorrow**

# **Mentee Application Form**

## **Contact Information**

|  |  |
| --- | --- |
| **Name:** |  |
| **Date of Birth:** |  |
| **Country:** |  |
| **Organisation or Educational Institute:** |  |
| **Function**  **or programme of study:** |  |
| **Email:** |  |
| **Telephone:** |  |

## **Language Skills**

### Please circle the correct answer (1= basic knowledge, 5= fluent/mother tongue)

|  |  |  |  |
| --- | --- | --- | --- |
| **Language(s)** | **Speaking** | **Writing** | **Reading** |
|  | 1 / 2 / 3 / 4 / 5 | 1 / 2 / 3 / 4 / 5 | 1 / 2 / 3 / 4 / 5 |
|  | 1 / 2 / 3 / 4 / 5 | 1 / 2 / 3 / 4 / 5 | 1 / 2 / 3 / 4 / 5 |
|  | 1 / 2 / 3 / 4 / 5 | 1 / 2 / 3 / 4 / 5 | 1 / 2 / 3 / 4 / 5 |
|  | 1 / 2 / 3 / 4 / 5 | 1 / 2 / 3 / 4 / 5 | 1 / 2 / 3 / 4 / 5 |
|  | 1 / 2 / 3 / 4 / 5 | 1 / 2 / 3 / 4 / 5 | 1 / 2 / 3 / 4 / 5 |

Education and professional training

### (Please emphasise Sport and other relevant experiences)

|  |  |  |  |
| --- | --- | --- | --- |
| **Degree/Course** | **Institution** | **Start Date** | **Date of Completion (or expected completion)** |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

*(Add more lines if necessary)*

## **Professional experience**

### (Please emphasise Sport and other relevant experiences)

|  |  |  |  |
| --- | --- | --- | --- |
| **Organisation / Role** | **Duties** | **Start Date** | **End Date** |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

*(Add more lines if necessary)*

|  |
| --- |
| **What paid or voluntary experiences have you had within the field of Sport/Sport for All? Or other sectors which you feel are relevant to this programme? What are your main learnings?** |
|  |
| **What experience have you had within project design and implementation? What skills did you gain from this?** |
|  |
| **Tell us about a time when you have worked in a small team to achieve a shared goal. What did you learn from this? What would you do differently next time? This could be in school, university, paid work or volunteering.** |
|  |

**Relevant Skills**

### Please circle the most appropriate answer for each skill (1= poor, 5= excellent)

|  |  |
| --- | --- |
| **Skill** | **Rating** |
| Written communication | 1 / 2 / 3 / 4 / 5 |
| Verbal communication | 1 / 2 / 3 / 4 / 5 |
| Time management | 1 / 2 / 3 / 4 / 5 |
| Project management | 1 / 2 / 3 / 4 / 5 |
| Teamwork | 1 / 2 / 3 / 4 / 5 |
| Independent work | 1 / 2 / 3 / 4 / 5 |
| Microsoft office | 1 / 2 / 3 / 4 / 5 |

## **Motivation**

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| --- |
| **Why are you applying for this programme?** |
|  |
| **What are your qualities that make you the most suitable candidate for this programme?** |
|  |
| **What are your expectations from participating in the programme? What do you hope to achieve?** |
|  |
| Please describe how this programme will serve your personal development, professional career planning and long-term goals |
|  |
| **If we were to ask your best friend or family member to describe you (qualities, personality type, flaws, character, etc.) then what would they tell us?** |
|  |
| **Is there anything else you would like to tell us to support your application?** |
|  |

## **Consent & Declaration**

I understand that photography and videography may be conducted during the programme and I consent to photographs and videos of myself being used for purposes relating to this programme (reporting, communications, marketing, public relations, media, social media).

* Yes



* No



I hereby acknowledge that I have read the **Application Guidelines** and I meet the eligibility criteria of the programme, understand the expectations of the programme and am able to fulfil the travel requirements necessary for participation in the programme.

* Yes



* No



## **Organisation’s Support**

Please attach a recommendation letter from your place of employment/study highlighting their permission for you to be absent from work/studies for all mobility components of the project (use template provided).

## **Applicant’s signature**

I, the undersigned, certify that the information provided above is accurate. By signing below, I pledge my readiness and commitment to participate as a mentee in “Training the Female Sport for All Leaders of Tomorrow”

|  |  |
| --- | --- |
| (Signature) | (Date) |